SOUTHERN MARYLAND TRI-COUNTY COMMUNITY ACTION COMMITTEE, INC.





REPORT



2015



2016

Head Start is a national program that promotes school readiness by enhancing the social and cognitive development of children through the provisions of educational, health, nutritional, social, and other services to enrolled children and families.



Child Demographics

| Funded Enrollment Children Served | 120 146 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| Ethnicity Hispanic or Latino origin | 10 |
| Race American Indian or Alaska native Black or African American White Bi-racial or Multi-racial Other (families who felt race not reflected) Elected not to specify race | 1 102 11 18 3 0 |
| Family Demographics | |
| Families Served Two parent families Single parent families | 133 28 105 |
| Education Bachelors degree or higher Associates degree or higher High School or GED Less than high school | 8 51 61 8 |
| Employment Two Parent Families Both employed One employed Both unemployed One Parent Families | 2 18 8 |
| Employed Unemployed Military (of employed families) | 55 50 0 |

SMTCCAC Head Start's mission is to promote school readiness by assisting eligible families to improve the social, emotional and cognitive development of the individual child through the support of educational, health, nutritional and community services.

HEAD START COMPONENTS

EDUCATION

The program's goal is to ensure that children leave Head Start with increased abilities and experiences that have prepared them to be successful students on all levels and ready for Kindergarten. The Creative Curriculum was used to provide a developmentally appropriate early childhood education program.

An individualized learning program was developed for each child.

MENTAL HEALTH, DISABILITIES

Regardless of the disability or special need of any child, all children learn better when grouped in a classroom with their typically developing peers. At least 10% of Head Start's funded enrollment was set aside for children with diagnosed disabilities. These children participated in the full range of classroom activities and had their individual needs met.

HEALTH AND SAFETY

Children were screened within 45 days to identify and address vision and hearing problems early so that they do not interfere with a child's learning and development. Staff assisted families to provide comprehensive health care for their child.

Children were taught basic health practices, such as hand washing and tooth brushing.

TRANSPORTATION

Transportation was provided for one of three centers. Transportation is in accordance with state and federal requirements. A bus monitor was on each route to ensure the safety and extend the learning period for the children.

HEALTHY MEALS

The program ensured that the children received a healthy breakfast, lunch, and/or snack. The meals were served family style to encourage the development of social and language skills. The menu included a wide variety of foods with an emphasis on fruits and vegetables, whole grains, and limited sugar, salt, and fats. Menus were reviewed by a registered dietitian.

PARENT INVOLVEMENT

Involving parents in the Head Start Program is a guiding principle to the Head Start philosophy.

CHILDREN ENJOY SEEING THEIR FATHERS COOK



FATHERS CAME INTO THE CLASSROOM AND COOKED BREAKFAST FOR ALL THE CHILDREN AT EVA TURNER HEAD START.

PARENT INVOLVEMENT & FAMILY SERVICES

The key components of achieving parent involvement in the program are as follows:

- Developing a partnership with parents to help them achieve family goals At enrollment, staff starts
 to develop a relationship with the family. They are linked to services that will help them work on
 their goals. Parents are encouraged to apply for staff positions.
- Ensure that programs and centers are always open Parents are provided opportunities to volunteer and be involved in the development of the curriculum. Parents assist in organizing center activities such as fundraisers, field trips, and classroom visitors by participating on the Center Parent Committee.
- Supporting parents as the primary teacher of heir children Parents are involved in developing the educational goals for their children and provided with opportunities to enhance their parenting skills.
- The program assists parents to transition their children into school. Parents are encouraged and assisted to become advocates for their children.

POLICY COUNCIL

Policy Council is an elected group of parents that assists Head Start in program decision-making and program governance. The Policy Council is part of the shared governance team that includes the Board of Directors, program staff and Policy Council. Together the team guides the direction of the Head Start program.

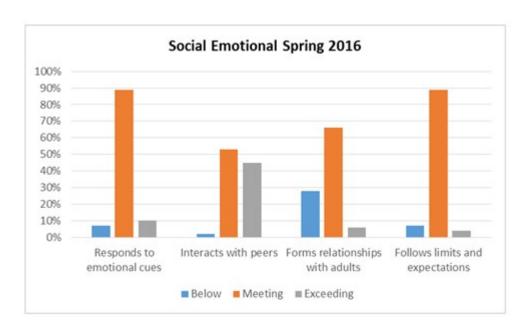
Parents were elected from each Head Start center to serve as representatives on Policy Council in September and October of 2015. Ten parents participated throughout the year. In addition to parents, three community representatives were elected from programs such as Tri-County Youth Services, the Judy Center, and the Charles County Public Library.

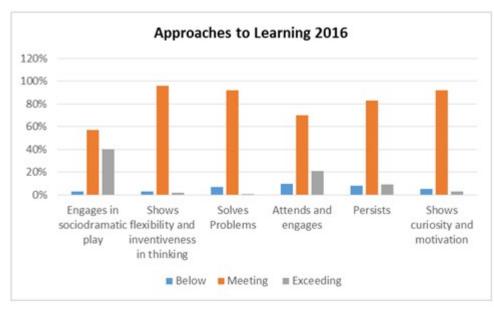
Policy Council assists program staff to develop program plans, policies and procedures to meet Head Start Performance Standards and address needs in the community. They also provide input and feedback on grant proposals, budgeting, hiring and termination of staff and fundraising. Policy Council participates on the School Readiness Team, Health Services Advisory Committee, and the Self-Assessment Team.

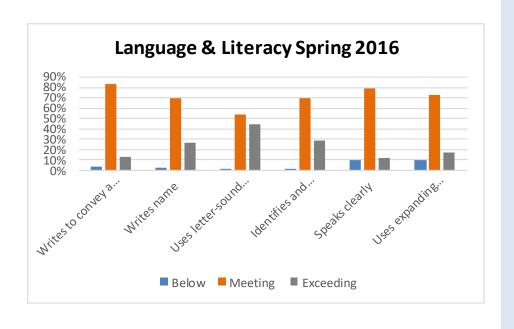
CHILD OUTCOMES

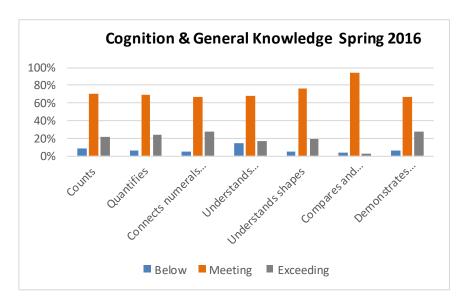
146 children attended double-session classes for three and a half hours a day and four days a week. The average attendance for the year was 85%. The children in the program were assessed using the Teaching Strategies Gold Assessment System three times during the program year - Fall, Winter, and Spring. The outcomes were used to plan classroom activities that will meet the needs of each individual child in the areas of social and emotional development, language and literacy, cognition and general knowledge, and physical. SMTCCAC Head Start prides itself on meeting children at their educational level and developing an Individual plan to help them improve.

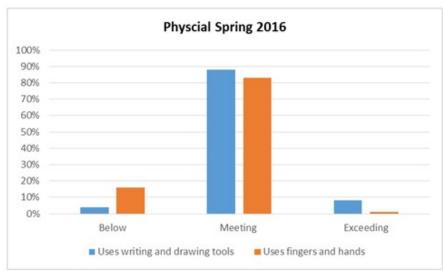
The graphs below represent the final outcomes in each educational domain. At the end of the program year only one domain area had less than 80% of the children meeting or exceeding expectations - forms relationships with adults in the Social Emotional Domain. In the other domains, 85% or more of children were meeting or exceeding expectations.











Health Outcomes

| | End of Enrollment | |
|---------------------------------|--------------------------|--------------------|
| | Number of Children | % of Enrollment |
| Have Health Insurance | 142 | 97 |
| Ongoing source for medical care | 142 | 97 |
| Ongoing source for dental care | 142 | 97 |
| Have up-to-date immunizations | 144 | 99 |

Family Services Outcomes

| Crisis | 4 | 4 |
|----------------------------------|-----|-----|
| Menth Health Services | 6 | 6 |
| Adult Education | 7 | 7 |
| Job Training | 19 | 11 |
| Substance Abuse Prevention | 133 | 133 |
| Substance Abuse Treatment | 1 | 1 |
| Health Education | 133 | 133 |
| Parenting Education | 14 | 12 |
| Asset Building | 5 | 5 |

FY 2015-2016 Budget

| Categories | Budgeted | Spent | Non-Federal Match | Explanation |
|---------------------|-----------|-----------|----------------------|-------------------|
| Personnel | \$533,383 | \$523,101 | \$17,364 | Parent Volunteers |
| Fringe | 192,551 | 163,696 | | |
| Travel | 1,000 | 1,536 | | |
| Supplies | 10,100 | 5,424 | | |
| Contractual | 9,500 | 24,944 | 71,087 | Community Vols. |
| Other | | | | Space/Cash/Other |
| | 105,300 | 133,133 | 106,653 | Expenses |
| Trng. & Tech. Asst. | 14,368 | 14,368 | | |
| Indirect | 84,888 | 84,888 | 42,670 | |
| Total | \$951,090 | \$951,090 | \$237,774 | |

Food Cost 2015-2016

| Food | Projected Budget | Actual Reimbursement | Spent |
|------------|------------------|----------------------|----------|
| USDA/CACFP | \$55,000 | \$54,745 | \$53,598 |

FY 2016-2017 Budget

Explanation Categories Budgeted Personnel \$541,211 195,377 Fringe Travel 750 **Supplies** 6,350 Office, classroom, medical Contractual Health, mental Health, copier 6,500 Other 89,220 Insurance, facilities, transportation Indirect 97,314 Training & Technical Assistance 14,368 Total \$951,090

Projected Food Cost 2016-2017

| Food | Projected |
|------------|-----------|
| USDA/CACFP | \$60,000 |

COLA

SMTCCAC Head Start received a Cost of Living Adjustment in the amount of \$16,861. The entire amount was used to increase the salary and fringe benefits of Head Start employees.

PROGRAM REVIEWS

SMTCCAC Head Start was monitored in Comprehensive Services/School Readiness and Leadership, Governance, and Management Systems during the 2015-2016 program year.

The program received a perfect review in Comprehensive Services and School Readiness and had two corrections to make in Leadership, Governance, and Management Systems.

SMTCCAC made the following corrections as of August 31, 2016:

- The program must publish an annual report to the public within six months of the end of the Head Start fiscal year. An objective was added to the Management Systems work plan to ensure publication of the annual report by September 30 of each year.
- The program must provide a report documenting credit card use to the Board and Policy Council.
 The development of a credit card usage report and a policy added to the financial manual will ensure appropriate reporting of credit card usage.

2015-2016 Center Locations

Charles County

Brawners Head Start Center 6655 Weaver Street Indian Head, MD 20640

Eva Turner Head Start Center 1000 Bannister Circle Waldorf, MD 20602

Waldorf @ Health Partners 3070 Crain Highway Waldorf, MD 20601

Administrative Office

Luther Stuckey Building 8371 Old Leonardtown Rd Hughesville, MD 20637

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